

Register Today!

CENTRAL CONNECTICUT ADULT WORKSHOP:

Youth Mental Health - Tools for their Future

This event is open to the Central Connecticut region. The target audience is **PARENTS, EDUCATORS, PROFESSIONALS**, and anyone that works with the youth. The focus of the information during this workshop is mental health and challenges that our youth face.

Friday February 21, 2020

Check-in: 5:00pm - 6:00pm

- Informational Booths
- Check In - A Fresh Solution to Mental Health Awareness - Interactive Booth

Dinner: 6:00pm

Presentations: 6:45pm

- Berlin Upbeat
- Narcan Training - Information and proper use of administering Naloxone
- Jordan Porco Foundation - Suicide Prevention and Risk Factors for the general population, adolescent adults

Networking: 8:30pm

Saturday February 22, 2020

Breakfast: 8:00am - 9:00am

- Q & A with youth from Berlin, Newington, Rocky Hill, and Wethersfield regarding stress they face today.

Breakout Session 1: 9:00am - 10:15am

- Dual Diagnosis
- Sexual Assault and the Mental effects post-trauma

Breakout Session 2: 10:30am - 11:45am

- QPR - Question, Persuade, Refer - Leading approach to suicide prevention
- Social Media - Building issue on the Mental Health of Adolescent

FREE FOR MEALS AND WORKSHOPS
\$50 PER OVERNIGHT ROOM

February 21 - 22, 2020

Sheraton Hartford South Hotel - 100 Capital Boulevard - Rocky Hill,
CT 06067

Register Here - Space Limited

www.eventbrite.com

Search: Central Connecticut Adult Workshop

Sponsored By: Berlin Upbeat, Berlin Social and Youth Services,
Newington Human Services, Rocky Hill Youth and Family Services,
Wethersfield Social and Youth Services

